



KAVERI KALA MANRAM

NAGAMUTHU PILLAI

Green Leaves Promotion Center (June - July report 2020)



Nagamuthupillai Green leaves center transforming our lives



I am Maheswary living in Mulai with my 6 children. I was invited by KKM staff in Elavali,

Nagamuthu green promotion center. The green promotion garden surprised me with all the native green leaves and plants. I realized I have most of the native green leaves in my garden and never knew the food value in them. I started taking



care of them, adding in my daily cooking for my family. I have a Vegetable garden for an income. I am able to save money by using the native green leaves in my cooking. I thank

The green center and KKM for the motivation.



Sri Lanka is rich in natural resources, with self-grown vegetables and fruits in our own surroundings. This is a gift and a boon from Mother Nature to us which has more healthy values than organic productions. The community has identified 26 varieties of natural, native, edible plants, vegetables, yams, and fruits in our own gardens. Which is a worry-free gift to us. Our ancestors discovered these self-growing edible plants. They survived on these plants and lived a long happy, stress free healthy life. We have inherited these valuable food habits from them. We will respect our soil, preserve, and nurture the self-growing plants for our future generation. Our community is neglecting, and ignoring this gift of Mother Nature's own blood and nutritious values given to us. They are trying to live on readymade, preserved food and junk food. KKM has helped the community to the next level of promoting healthy well-being lifestyle. We have trained, conducted workshops on self-growing edible plants to the communities and chosen 10 enthusiastic ambassadors as leaders to respect, promote and preserve the natural healthy life style in northern district of SriLanka.

In 2020 our ambassadors will lead the community inspiring, motivating and sharing their experiences to survive on self-growing vegetables and fruits for healthy life style. We hope to achieve 500 ambassadors in 2020 to value and promote this healthy project in Illavali & Santhai divisions. This project has been made possible by the benevolence of the Shanthi Selvakumar family descendants of late Chairman Nagamuthu Pillai.

“Best things in life are free And“ A great example of that are self-growing plants by NAGAMUTHU PILLAI Green leaves project”

Our dream beginning blooms

1. To promote healthy wellbeing food culture habits through self-growing vegetables, plants, yams, and fruits in our own surroundings.
2. Training on cultural food habits for healthy wellbeing in green hope promotion center

Activities & Achievements

Activity	No of Activities planed	Complete Activity	Number of Participants
Native self-growing plants training for 500 families with children.	10	07	27
Mapping of self-growing plants in our own surroundings.	500 homes	200	20
Preparing and cooking fresh healthy food program.	10	09	35
Sharing the knowledge from our ancestors of surviving healthy life style with School children.	10 Schools	02	06
Collecting inspiring stories from communities who are living on self-growing plants in day to day life.	50 stories	-	65
Book printing	01	-	-
House maintains cost		-	-
Total			153



Inkaran living in green promotion center with my family, taking care of the center. I am blessed by Nagamuthupillai's family and KKM giving me a safe place to stay.

Farming is my livelihood. I have varieties of seasonal plants, at present I have onions and Tapioca, I am able to get 15,000 Rupees of income a month from the garden center. I take care of the native green leaves and plants. We have 19 varieties of native green leaves and it's all organic.

I get visits from neighbors, friends and school children. I enjoy when I am asked questions about gardening. I always encourage them to take care of the native green leaves which is a Mother Nature's gift to us.



STARTING GREEN LEAVES IN HER HOME



Naguleswary living in Moolai, Kalikovil. A home of Nagamuthu pillai was closed for long time in Elavali. Now it's been turned into a green promotion center for the welfare of the community.

My visits to this garden has inspired me to do home gardening, and take care of the native green leaves in my garden. I use the native green leaves in my daily cooking adding more food value to my family. I never miss a cooking demonstration in the green garden center, where I learn new healthy, affordable, income saving cooking. I also like meeting new friends and share our garden practices.



No	Name	Address
01	T.Rajeshwary	Chulipuram
02	N.Rani	Moolai
03	Mrs.Rasakumar	Chulipuram west
04	A.Tharshika	Pandaveddai
05	S.Abisha	Pandaveddai
06	I.Sivaneswary	Thikarai
07	J.Jeslin	Illavalai
08	S.John Nimalraj	Illavalai
09	M.Sripriya	Moolai
10	R.Sivanoli	Moolai
11	R.Ponuthurai	Moolai
12	K.Nanthan	Chulipuram
13	K.Sritharan	Pandaveddai
14	R.Rasalingam	Kulipan, Mavady
15	S.Srikavitha	Moolai
16	S.Sivamalar	Moolai
17	T.Mery Jesintha	Veram
18	S.Pusparani	Varutholai
19	M.Kumar	Chulipuram
20	N.Suthagar	Periyapulo
21	A.Logewsary	Chulipuram Centre
22	M.Yogeswaran	Kaddupulam
23	P.Ingaran	Illavalai
24	P.Mageswary	Moolai
25	K.Pusparasa	Vaddukoddai
26	J.Kavitha	Pandaveddai
27	S.Supiramaniyam	Periyapula
28	T.Kokila	Thunaivi
29	R.Naguleswary	Moolai
30	J.Thavamalar	Vaddukodai
31	K.Kunam	Pandaveddai
32	S.Sivarasa	Kaddupulam
33	M.Yogeswaran	Kaddupulam
34	V.Piramalatha	Kadupulam
35	S.Jegatheesalingam	Vasavilan
36	V.Amala	Kadupulam

Green Promotion center current plants

28 KIND OF GREEN LEAVES, ONION, CASSAVA ARE GROWING IN OUR CENTER



FINANCIAL REPORT JAN TO MAY 2020

Activities	Activity No	No of Activities planed	Estimated budget	Actual spend	Balance	Program status
Phase 01						
Roof work	01	01	17500.00	-	17,500.00-	Not started
House cleaning work	02	01	16000.00	3400.00	12600.00	Completed
Electricity work	03	01	12850.00	4500.00	8350.00	
Office furniture	04	01	106500.00	106500.00	500.00	Completed
Toilet	05	01	75000.00	-	75000.000	Not started
Pipe line	06	01	35000.00	37208.00	-2208.00	Completed
Transport	07		10000.00	14200.00	-4200.00	Completed
Photo frames	08		30750.00	30750.00	-	Completed
Name board out side	09		4680.00	4680.00	-	Completed
Name plaque (Wall)	10		1400.00	1400.00	-	Completed
Plants	11		-	7800.00	7800.00	Completed
Admin cost				15,000.00		
Total spent					225,438.00	
Fund received from Vanni Hope					266,748.88	
Balance					41,310.00	
Phase 01						
Native self-growing plants training for 500 families with children.	12	10	50,000.00	30000.00	20000.00	Progressing
Mapping of self-growing plants in our own surroundings.	30	500 homes	100,000	20000.00	80000.00	Progressing
Preparing and cooking fresh healthy food program.	14	10	50,000	35320.00	14,680.00	Progressing
Sharing the knowledge from our ancestors of surviving healthy life style with School children.	15	10 Schools	50,000	14200.00	35,800.00	Progressing
Collecting inspiring stories from communities who are living on self-growing plants in day to day life.	16	50 stories	25,000	25000.00	-	Completed
Book printing work	17	01	100,000	-	100,000.00	Progressing
House maintains cost	18		24,000	1120.00	22880.00	Progressing
Other			1000.00		1000.00	
Total spend				125,640.00		
Fund received from Dr Shanthi & Selva family				400,000.00		
Balance					274,360.00	
Total			400,000			

NATIVE SELF-GROWING PLANTS TRAINING FOR 500 FAMILIES WITH CHILDREN.



SHARING THE KNOWLEDGE FROM OUR ANCESTORS OF SURVIVING HEALTHY LIFE STYLE WITH SCHOOL CHILDREN.



PREPARING AND COOKING FRESH HEALTHY FOOD PROGRAM



Nagamuthupillai green promotion center transforming lives

No	Name	Number of Family Members	Before the Home Garden				After the Home garden				Savin g per a day
			Break Fast	Lunch	Dinner	Total Expenses	Break Fast	Lunch	Dinner	Total Expenses	
01	T.Rajeshwary	07	210	1000	300	1510	150	800	250	1200	310
02	N.Rani	03	90	600	200	890	60	400	150	610	280
03	Mrs.Rasakumar	05	200	700	300	1200	150	550	150	850	450
04	A.Tharshika	07	350	1200	300	1850	250	900	240	1390	460
05	S.Abisha	08	300	1000	300	1600	250	800	200	1250	350
06	I.Sivaneswary	03	150	600	150	900	100	400	125	625	275
07	J.Jeslin	04	350	1500	200	2050	250	1000	150	1400	650
08	S.John Nimalraj	05	300	1000	240	1540	240	900	100	1240	300
09	M.Sripriya	04	400	1200	300	1900	300	900	200	1400	500
10	R.Rasalingam	06	150	700	250	1100	100	500	150	750	450
11	S.Srikavitha	04	100	400	150	650	80	250	75	405	245
12	S.Sivamalar	08	150	500	150	800	90	410	100	600	200
13	R.Sivanoli	08	320	880	350	1550	220	750	200	1170	380
14	R.Ponuthurai	06	280	1200	320	1800	200	900	120	1220	580
15	K.Nanthan	06	180	1500	350	2030	150	1200	240	1590	440
16	K.Sritharan	07	450	1200	400	2050	300	900	300	1500	550
17	T.Mery Jesintha	06	500	1300	300	2100	250	850	150	1250	950
18	S.Pusparani	04	600	1400	300	2300	300	800	200	1300	1000
19	M.Kumar	08	200	600	200	1000	100	400	100	600	400
20	N.Suthagar	06	600	1500	300	2400	300	1000	200	1500	900
21	A.Logewsary	05	200	600	200	1000	150	400	100	650	350
22	M.Yogeswaran	05	300	900	300	1500	150	700	200	1050	450
23	P.Ingaran	04	250	700	200	1150	150	500	100	750	400
24	P.Mageswary	05	600	900	300	1800	300	600	200	1100	700
25	K.Pusparasa	04	400	1000	300	1700	200	800	200	1200	500
26	J.Kavitha	04	300	1000	300	1600	200	800	150	1150	450
27	S.Supiramaniyam	07	250	1200	300	1750	150	700	150	1000	750
28	T.Kokila	06	400	1500	400	2300	250	1000	200	1450	850
29	R.Naguleswary	04	300	1100	300	1700	200	900	200	1300	400
30	J.Thavamalar	04	260	700	140	1100	140	400	100	640	460
31	R.Sureshkarana	03	200	700	200	1100	100	500	100	700	400
32	K.Kunam	06	260	1400	300	1960	140	1200	150	1490	470
33	S.Sivarasa	05	200	600	200	1000	125	450	100	675	325
34	M.Yogeswaran	05	300	700	200	1200	150	450	150	750	450
35	V.Piramalatha	07	210	1000	300	1510	150	800	200	1150	360
36	S.Jegatheesalingam	03	200	700	200	1100	100	500	100	700	400
37	V.Amala	03	300	800	200	1300	150	450	150	750	550

Project Name	NagamuthuPillai green promotion center
Project donors	Shanthi Selvakumar family
Funding through	Vanni Hope
Project team	Rev Joshua ,Shahana, Nalini Navaratnam , Nanthini
Reporting person	Shahana
Reporting status	3rd report
Project duration	10- 12-2019 to 09 -12- 2020

*With thanks –
Miss shahana Thiyagalingam
Project coordinator*